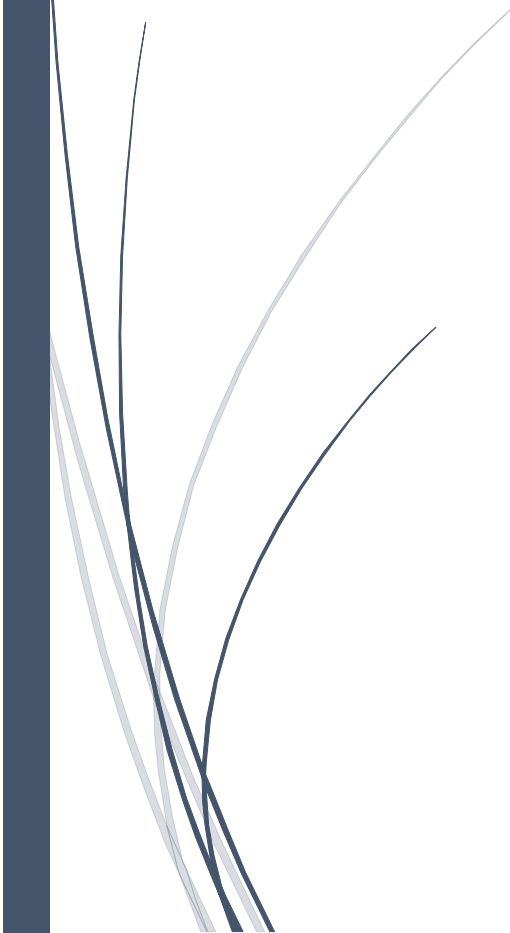


10/21/2020

UPPUTHARA C.D.S.



Upputhara CDS is the kudumbashree CDS with 366 neighbourhood groups. Upputhara CDS has succeeded in creating new neighbourhood groups for old age group people . The activities of 130 Agriculture JLGs, 18 Balasabhas have added brilliance to the operational excellence of upputhara CDS. The implementation of Snehitha Calling bell programme, Ashraya scheme by the CDS has gained attention. Even in times of crises and difficulties during the flood and the current pandemic situation, the systematic activities of Upputhara women's group has been appreciated.



CDS AT A GLANCE

Kudumbashree Neighbourhood groups	366
Elderly – NHGs	82
NHGs for differently abled	7
Beneficiaries of Ashraya project	225
Balasabha Units	18
Snehitha calling bell beneficiaries	60
JLGs	130

ACHIEVEMENTS AND AWARDS

- Upputhara Kudumbashree CDS won award for conducting training for highest number of beneficiaries under DDUGKY.
- St Jude Homecare (Soap making unit) working under Upputhara C.D.S got award for the best enterprise group in Idukki district.

MAJOR ACTIVITIES

➤ **Ashraya Programme:**

Upputhara CDS has succeeded in identifying 229 beneficiaries under Ashraya scheme.

➤ **Balasabha:**

18 balasabha units are working under upputhara CDS.

➤ **NHGs for Elderly:**

There are eighty two elderly neighbourhood groups under the Upputhara CDS

➤ **Micro Enterprise and Marketing**

Several new ventures have been set up at the CDS level, including catering units, soap making unit, textile shops etc. Janakeeya hotel has been started

under Upputhara CDS and has succeeded in providing nearly 200 meals per day

Snehitha Calling Bell

The Snehitha Calling Bell programme aims in finding and providing security for those living alone. The CDs has identified 60 beneficiaries under the scheme and is providing food kits to the beneficiaries daily.

ACTIVITIES DURING COVID 19 PANDEMIC

Upputhara Kudumbashree members were involved in cooking and serving food through the community kitchen, distributing food and clothing, counselling and cleaning activities. Kudumbashree in convergence with Panchayath led 100 days Community Kitchen, where food was prepared and home delivered to the needy. The CDS members created awareness among the families of the neighbourhood groups about the importance of social distancing and personal hygiene to prevent COVID 19. The CDS has produced and distributed masks during the COVID time. It was suggested that the masks can be manufactured by the tailoring units under the CDS and about 16,000 such masks were prepared and handed over to the Upputara Panchayat authorities. In the wake of COVID 19 pandemic, efforts were taken to expand vegetable cultivation in all the households under Upputhara CDS. Harvested vegetables were also made available to the community kitchen. In addition, CDS members took the helm of launching a Janakeeya hotel in the panchayath that provides lunch at reasonable prices. CDS also played a key role in disinfecting the Upputhara Government Hospital building.



CONCLUSION

Upputhara CDS has been able to carry out the Kudumbashree activities in an excellent manner which enabled them to emerge as one of the best CDSs in Idukki district .

