We had elaborated about the various actions taken by Kudumbashree to strengthen the covid-19 prevention activities by extending awareness about covid-19 to the people. The Awareness classes organized for NHG members associating with Indian Medical Association, in convergence with the Local Self Government Department, KILA and Health Department was one of the important activities conducted as part of this. I had explained about the same in ‘Making an Impact’ Article-474. We would like to let you all know that, this awareness programme which was started on 13 May had came to an end. As part of this classes were given on 16 diverse topics.

The experts in healthcare sector led classes on various topics such as 'covid home care -How to do and what all should the care takers note?', 'covid and heart disease', 'post covid issues and its solutions', 'covid home care and children', 'lung diseases of covid patients' and the 'treatment protocols', 'covid-19 and women'. These classes were received by Kudumbashree members with great enthusiasm and had their full involvement. They had participated in these...
classes with greater interest and clarified their doubts. They are also learning more by watching the videos of the classes. The videos of all videos are now available in YouTube. The details of the same are given as follows.

1. Covid home care - An Introduction
Dr. B. Padma Kumar, Professor of Medicine, Medical College, Alappuzha
www.youtube.com/watch?v=QyBezWH0kyc&t=2191s
1. Covid home care - How can be done, what all should the care takers note
Dr. Sajith Kumar, Head, Department of Infectious Diseases, Medical College, Kottayam
2. Covid patients and heart disease - Is home treatment possible
Dr. Anand, Ananthapuri Hospital, Thiruvananthapuram
www.youtube.com/watch?v=aWWOQ7uftiU
1. Covid treatment - Mental Pressure
Dr. Mohan Roy, Medical College, Thiruvananthapuram
2. Post covid issues and solutions
Dr. Aravind. R, Head, Department of Infectious Diseases, Medical College, Thiruvananthapuram
www.youtube.com/watch?v=ZeeO846YqDI
1. Covid preventive measures at work places
Dr. Abraham Varghese
2. The scientific base of covid home treatment
Dr. Rajeev Jayadevan, Ernakulam
www.youtube.com/watch?v=c7Y8hjihEIc
1. Lung diseases of covid patients and the treatment protocols
Dr. Fathavudeen, Head, Department of Cardiology, Medical College, Ernakulam
2. Covid and women

Dr. Sreejith R,
Thiruvananthapuram
www.youtube.com/watch?v=6Mbiag9MVcw
1. How to prevent covid
Dr. Althaf A, Medical College, Manjeri
2. Covid and women
Dr. Anupama R, Pran Hospital, Thiruvananthapuram
www.youtube.com/watch?v=MS1_a1ijMbl
1. Covid and Children
Dr. Riyas, SAT Hospital, Medical College, Thiruvananthapuram
2. Covid Home Care - How to make the home secure
Dr. A. V Jayakrishnan,
Perinthalmanna
www.youtube.com/watch?v=QyBezWH0kyc&t=2191s
1. Diabetics in Covid patients: What to note
Dr. Sreejith N Kumar, Thiruvananthapuram
2. Covid Patients - food
Dr. Prasanth C.V,
Thiruvananthapuram
www.youtube.com/watch?v=ZeeO846YqDI
1. Non covid monsoon diseases - What all to be taken care of
Dr. B. Padmakumar, Alappuzha
www.youtube.com/watch?v=gGsAgG6VKLk