Community Kitchen of Attappady

Community Kitchen is the social kitchen run by the tribal mothers in every hamlets of Attappady. Kudumbashree team is entrusted with the coordination of the Community Kitchens functioning in these hamlets.

The aim of the community kitchen is to provide nutritious food to Pregnant women and lactating mothers from tribal community, and beneficiaries from 192 hamlets of Attappady are having the food prepared at the respective community kitchens functioning under the leadership of respective tribal neighborhood groups.
In addition to this, old aged people, persons with disabilities and children are also the beneficiaries of this initiative. In other words, the ‘Ooru Aduppu’ practice, which prevailed in the hamlets during the olden times is brought back through the concept of Community Kitchen.

The fund for running the community kitchens in Attappady is provided to Kudumbashree Misson jointly by Social Justice Department and Scheduled Tribes Development Department. Rice and pulses for the community kitchens are being bought from supplyco.

The responsibility of cooking is taken up by the Kudumbashree groups in the Oorusamithi on rotation basis. 13,894 tribal persons are having food from these Community Kitchens every day. Dishes prepared out of rice, ragi, vegetables, pulses and leafy vegetables are served in the community kitchens. Payasam (desert) is also served during the festive days.

Through community kitchen, along with serving nutritious food to the needy, we are started providing inputs to tribal families about the need for eating nutritious and balanced diet. We are trying to turn each community kitchen into Nutrition Education Centres to offer more information about these. And, thereby, we are encouraging tribal families to focus more on restoring the habit of cooking traditional food.