NHGs in Wayanad district which has 1,29,008 women members. Wayanad is a district with so many peculiarities. Even in the tough times of countering covid-19, Wayanad team is moving forward with any novel activities.

1. Gowns for the hospitals
Wayanad team had provided gowns and caps for the health workers including doctors, nurses, lab technicians etc of the Government Hospitals in the district through Kudumbashree’s tailoring units. The need of the health department in the district was communicated to Kudumbashree through the District
Collector. Kudumbashree was informed about such a need by the first week of April. Following that, district team arranged tailoring units and the gowns were stitched as per order and were handed over within three weeks. In total, 3500 gown and caps were produced for 1700 health workers. The gowns were stitched by Kaniyambatta Chela Apparel Park, Muttill Fashionet tailoring units in the district.

2. ‘Care Wayanad’ for Specially abled children
Specially abled children and their parents are among those who faced real hardship during the lock down period. 11 BUDS institutions of Kudumbashree are functioning in the district for the specially abled children. 247 children are getting trained through these institutions. ‘Care Wayanad’ ensures services of the rehabilitation professionals through phone during this lock down period. This project was implemented in the district in associating with the Nahla Charitable Foundation starting from 27 March. ‘Care Wayanad’ envisages at ensuring the follow up training and care for all the specially abled children in the district. So, the services are also extended to the specially abled children from five more institutions (other than BUDS schools) in the district as well. ‘Care Wayanad’ Support Cell includes Clinical Psychologists, Rehabilitation Psychologists, Behavioural and Developmental Therapists, Speech Therapists, BUDS School teachers, Special Educators, Occupational Therapists, Physio Therapists from inside and outside the district. Parents may avail the services of these support cell members any time through phone.

3. Online Yoga for reducing mental pressure
Wayanad team started providing online yoga classes for the public who are stuck inside the houses due to lock down. The aim, of course is to avoid mental pressure and to ensure their mental health. Through the whatsapp groups of Vigilant Groups and other projects, videos of the yoga lessons are shared to the NHG members. Earlier, 5 persons each were selected from the vigilant group members and 130 of them were given training in yoga, karate and kalaripayattu. This new project of ‘online yoga classes’ are led by those three trainers who gave training earlier to the vigilant group members. Around 13,000 NHG members are their families are active in these activities which commenced during the last week of April.

4. Effective interventions in the tribal sector
The district team is making effective interventions among the tribal communities in the district, associating with the Scheduled Tribes Development Department. The activities implemented includes awareness programmes, supply of the preventive medicines, supply of groceries and the management of the community kitchen. Awareness was given to Manimunda, the remote tribal colony in Noolpuzha Panchayath through the means of tele-communication. In addition, the colony inhabitants were given special classes about Kyasanur forest disease (Monkey Fever) and the ways to prevent covid-19. Wayanad team introduced many novel and needy activities, providing energy and motivation to all others.