Adolescent clubs for tribal girls @ Attappady

Our team started focusing on forming Adolescent clubs for tribal girls at each hamlet of Attappady. The broad aim of this project is sustainable social development of the girl child and (through them) their families. Kudumbashree initiated formation of these adolescent clubs aiming at the physical and mental growth of adolescent girls. Until now, 50 hamlet level adolescent clubs were started in three panchayats of Attappadi. In addition to this, the federation of clubs are formed in the Panchayath level.

Through these exclusive girls club, the issues of the adolescent girls are discussed and these social forums act as a space for girls to discuss their problems. The first adolescent club was started during January 2018 at Pottikkal hamlet of Attappady. Now, 50 adolescent clubs are functioning in the hamlets providing an excellent space for girls to meet and talk; and discuss their issues.
Our team is now in a mission to enroll all the adolescent girls to our clubs.

At present clubs organise classes on various topics like reproductive health, personality development, children's rights and gender equality providing necessary awareness to the young girls. Our activities are indeed helping these tribal girls improve their self confidence and courage. In addition to this, Karate classes are provided (at panchayat level) to the selected and interested girl students.

We expect that these clubs and federations will motivate tribal girls to think independently and will help them nurture their skills and talents. Further, we also hope to provide awareness, ensure security, install confidence and thereby help in moulding a healthy generation.