# Jalakam Schedule for Exposure visit to Kota, Rajasthan

02-02-18 to 05-02-18

The visit is aimed at giving an exposure to the ex CDS Chairpersons in Kerala who has relinquished their post in the recent elections that were conducted

## The following are the objectives of the visit:

- 1. To get an understanding on the socio economic and cultural status of the villages in Rajasthan
- 2. Understand the CBO structure in Rajasthan and how have their helped in improving the lives of the poor
- 3. Understand the functioning of the existing institutions in Rajasthan and their relationship with the community
- 4. Get an understanding on the livelihood, natural resources and the agricultural practices
- 5. Understand the situation of the women and the various activities they are engaged
- 6. To know the condition of the marginalised and the protective measures for their upliftment

7.

	DAY 1							
	Time	Topic	Objective	Content	Method	<b>Materials Needed</b>	Facilitator	
1	07.30 am	Welcome by the	To receive the	Welcoming the	-	-	-	
		Rajasthan team	members at the	team by the RJ				
		at Railway	Railway station	representatives				

		station					
2	10:00-	Travel to the					
	12:00	Block					
3	12.00 am	Welcome and Introduction at Sangod block by the BMMU	To render a formal welcome to the members of the Kudumbashree team	<ul> <li>Official Welcome</li> <li>Ice breaking</li> </ul>	<ul> <li>The participants to be divided into four groups</li> <li>Each group will be mixed with equal number of participants from the VOs of Sangod</li> <li>Ice breaking activity</li> <li>Finding the missing pair of the picture</li> <li>CDS chairpersons to identify her pair fromm amongst the community representatives from RJ</li> </ul>	<ul> <li>Materials for welcoming the participants</li> <li>Materials for icebreaking pictures</li> </ul>	BMMU
4	12.00 pm- 04.00 pm	Knowing the village	• To familiarise the culture, life and standard of living of the villages in Sangod, various institutions and their	<ul> <li>Visit to GP office, anganwadi, PHC, BMMU office</li> <li>How does the institutions and people</li> </ul>	<ul> <li>The groups to visit the institutions along with the CBO representatives and have an interaction</li> <li>The participants can use videos they have</li> </ul>		

5	04.00 pm- 05.00 pm	Debriefing	functioning  To enable the participants to get a first-hand understandin g of the village life in Rajasthan and also the functioning of the various institutes  To share the observations and lessons learnt from the Day 1 visit	<ul> <li>Work together</li> <li>Observations from the field</li> <li>Village life, functioning of institutions</li> <li>Interaction with the line departments about their activities</li> <li>DAY 2</li> </ul>	collected from their GPs to share how the same institutions are functioning in Kerala  • The members who have made the village visit in the morning to sit together and the do the debriefing	
6	10.00 am	Knowing the	To understand			PAE, EAP, GP2RP
	12.00 pm	village – Interaction with the CO/CLF	the functioning of the federation in Rajasthan	<ul> <li>Visit to a VO/CLF</li> <li>Various activities that has been undertaken by</li> </ul>	Interaction with the VO/CLF	formats

			T		1 170	1	ı	<del></del>
					the VOs			
				•	Introduction to			
					PAE, EAP,			
					GP2RP tools			
7	12.00	Interaction with	• To build rapport	•	Functioning of	•	CDS Chairpersons to	
	pm-	SHGs	with the SHG		SHGs		sit with the SHG	
	06.00 pm		members	•	Involvement of		members outside the	
			• To understand		SHGs in the		house for the	
			the life of the		social affairs		interaction	
			members of the	•	The changes	•	CDS Chairpersons to	
			SHG		that has		engage with the	
			• To share the		happened in the		SHG members in	
			experiences of		life of the		preparing a kerala	
			working with		members of the		dish(Payasam) and a	
			SHGs with each		SHGs		Rajsthani dish	
			other	•	Sharing by CDS	•	The teams to prepare	
			• To know about		Chairpersons		for a cultural	
			the changes in		through the		programme	
			their lives after		photos and			
			being members		videos of the			
			of the SHGs		developmental			
			To discuss about		activities in the			
			the		village.			
			developmental	•	•			
			works in Kerala		Kerala dish and			
			undertaken due		a Rajasthani			
			to the		dish			
			intervention of	•	Joint preparation			
			CBO, GPs and		for a cultural			
			the line		programme			
			departments		1 0			
	DAY 3	-	•					-

8	11:00- 6:00 pm	Knowing lives and Livelihood	To understand the diversities of a village life in comparison to Kerala  To know and understand about the social, economic and cultural situation of the village.  To observe the various kinds of livelihood of the people  To know about the interventions of the SHGs or CLFs in social-economic development of the village	<ul> <li>Visit to Agricultural site</li> <li>MGNREGS site</li> <li>Special livelihood projects if any</li> <li>Sites where there are concentration of the poorest of the poor</li> <li>ME units and working of the MECs</li> <li>Local Market or village haat</li> <li>Sharing of the the observations from the field in the larger group</li> </ul>	The participants along with the CBO leaders of the GP will move around in village to have a first hand understanding of the socio-economic situation of the village	
				Day 4		
9	10:00- 1:00 pm	Planning for future activities	To prepare a consolidation of their takeaways	To get the participants to consolidate their learnings To prepare individual plans for the participants for their respective CDS as takeaways	Group Discussion and presentation	

### Note for sessions(as per serial number)

#### 1. Welcome

The participants will be received in the station by SLRM representatives, SPC, mentors. The participants should feel the warmth in the reception, which should motivate them to be active in the three day learning process

#### 2. Travel to the Block-

The participants should freshen up and get ready to travel to Sangod quickly after they reach the hotel from Railway station. The travel will take almost two hours

# 3. Welcome and introduction at Sangod Block

After the welcome by the RGAVP the participants will give sweets to the SHG/VO members as a token of love. This will ease of unfamiliarity. As an ice breaker activity they will play a game wherein the each of the CDS Chairperson will have to identify her other pair from the SHG members with the half photo of any object. One half of a picture will be provided to one members from kerala and the other half to one SHG member from Rajasthan. They will have to look each other with the broken picture and has to pair it up with the other one. This will break the ice between the guests and the hosts.

RGAVP will also share the four day plan with the participants

# 4. Know the village:

The participants along with the VO leaders will be doing a walk in the village to get a first-hand understanding of the working of the institutions in the village. This will give an understanding for the participants about the working of the institutions and the relationship they share with the community.

#### 5. Debriefing

The participants will share their observations of what they saw while doing their institutional visit. They will reflect on what they saw in the institutions, their inferences while talking with the institutional heads and the relationship they share with the community

# 6. Knowing the village –Interaction with the VO/CLF

The structure and functions of the VOs will be introduced to the participants. The participants will get a first hand knowledge of the functioning of VOs, their relationship with the community, the GP and the line departments. The VOs can also share about the PAE, EAP and the GP2RP activities that has been undertaken and their experience of working with Kudumbashree mentors. The VOs should be able to explain to the groups the benefits of having village organisations and the changes that has been brought to their lives.

#### 7. Interaction with SHGs

The entire day will be spend with the members of the SHGs. The terms of relationship will be informal. The rapport building and ice breaking will happen with the CDS members joining with the SHG members in Rajasthan for preparing a kerala dish and the SHG members preparing a Rajasthani dish. They will also find time in sitting together and eating the food that was cooked. This will break the barriers between them and will help in improving the bond. The CDS members and the SHG members will sit together and discuss on the life of the SHG members, the activities of the SHGs, the changes that the SHG membership has brought to their lives, and the influence that the SHG can exert in a family. The entre exercise should give an idea to the CDS members about the lives of the women in Rajasthan and their family circumstances.

### 8. Knowing lives and livelihoods

The CDS members along with the VO leadership will go round the village to see the village life and to get an understanding of the socio economic situation of the Gram Panchayat. This activity should expose the participants to the livelihood activities, MGNREGS work, Micro enterprise activities, agricultural activities and other socio economic situation in the Panchayat. The participants will also get to know of the culture and the practices of the people in the Panchayat. The visit should also include areas where there is marginalised sections of the society lives. The participants will also try and understand the role SHG network and the VO network has played in improving the conditions of the village.

# 9. Planning for future activities

The participants will consolidate their learnings of the three days along with the SHG members. Each individual should be prepared with the takeaways from the visit, that they have decided to implement in their Panchayat back in kerala. At the same time the VO leaders will also be making a plan that can be implemented in their Gram Panchayat